



Take Action, Watch the
Movies and Contact Us:
www.thematrix.com

Learn, Discuss and Spread
the Word:

Sustainable Table® celebrates local
sustainable food, educates consumers
about the benefits of sustainable
agriculture and works to build community
through food. www.sustainabletable.org

Support Sustainable Farms:

Eat Well Guide® is a curated directory of 25,000+ farms,
restaurants, stores, farmers' markets and other sources of locally
grown and sustainably produced food throughout the US.

www.eatwellguide.org