

Take Action, Watch the Movies and  
Contact Us:

[www.thematrix.com](http://www.thematrix.com)

Learn, Discuss and Spread the Word:

Sustainable Table® celebrates local  
sustainable food, educates consumers about  
the benefits of sustainable agriculture and  
works to build community through food.

[www.sustainabletable.org](http://www.sustainabletable.org)

Support Sustainable Farms:

Eat Well Guide® is a curated directory of  
25,000+ farms, restaurants, stores, farmers'  
markets and other sources of locally grown  
and sustainably produced food throughout  
the US.

[www.eatwellguide.org](http://www.eatwellguide.org)

